

2nd Turnaround
17th Street

OC Music Pier - Race HQ
Event Tents on 9th St. Side (Bathrooms Here)
Start Area for All Events

Race Obstacles

1. Dean Adams Balance Beam / Wall (8th St.) Run N
2. Grinder #1 EXODUS Sport & Fitness (6th St.) Turn
3. Army Crawl (Around Music Pier) Run S
4. Grinder #2 OC Local Gym (9th St.) Run S
5. OCFD Plunge Pit (12th St. Lifeguard Station) Run S
6. Water Table (17th St.) Run N
7. Brown & Brown Sandbag Carry (16th St.) Run N
8. Grinder #3 EXODUS Sport & Fitness (15th St.) Run N
9. Water Traverse (14th St.) Run N
10. Wall/Ladder (14th St.) Run N
11. Sand Dunes (12th St.) Run N
12. Cargo Low Crawl (12th St.) Run N
13. Ron Gifford Asparagus Obstacle (12th St.) Run N
14. High / Low Wall (11th St.) Run N
15. Tube Obstacle (11th St.) Run N

8th & 9th St. PARKING
FREE Before 7:30 AM

Cheering Area
Sprint to FINISH

START Running North
Rolling Heats of ~40 Racers Start at 8am

1st Turnaround
6th Street



POWERED BY 31HEROES

FINAL v2 - 5/22/24

Music Pier Registration & Check-In @ 6:30 AM
8:00 AM Race Start – Sat. 5/25/24

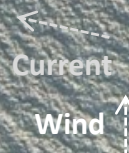
2024 Obstacle Course

Start/Finish: Music Pier (9th St. Side)
Turnarounds: 6th St. & 17th St.

100% Volunteer Event – All Proceeds Benefit



Weather Forecast
5/25/24 8:00 am
Partly Cloudy
Wind SE 7mph
Air: 64°
Water: 58°F



- = Hazards
- = Obstacles
- = Kid's Run

Tides for 5/25/24
Low: 4:23 am
High: 10:10 am
Sunrise: 5:37 am

NORTH

